



Arkansas Marlins Newsletter



AAU

Next up! **ATAC Christmas Invitational** on **Saturday morning, December 23** in Lonoke.

Registration email was sent last Saturday. **Deadline for signing up is Sunday, December 17.**



USA

Our **USA Swimming** application is being processed. Please see Newsletter from 12/9 for more info.



CALENDAR

Holiday practices will be held at **Bill Harmon Recreation Center** starting December 18. **51 Shelby Rd, Sherwood, AR 72120.** Hoping to be back at Safety Before Skill after Christmas, but arranging backup plans at Sherwood through January 4 in case of delays.

- Planning a **virtual Parent Meeting** soon to discuss AAU and USA Swimming season plans, and general Q&A! Be on the lookout for a GroupMe survey to decide the best time to meet after Christmas.

Holiday Training Schedule **Safety Before Skill closed 12/17-26(+) to replace the roof!**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 OFF	18 5:30-7:00 pm @ Sherwood	19 OFF	20 5:30-7:00 pm @ Sherwood	21 OFF	22 OFF	23 Race Day!
24 OFF	25 OFF	26 OFF	27 9-10:30 AM @ SBS v. Sherwood	28 9-10:30 AM @ SBS v. Sherwood	29 9-10:30AM @ SBS v. Sherwood	30 OFF
31 OFF	1 OFF	2 OFF?	3 Normal PM @ SBS v. 5:30-7:30 PM @Sherwood	4 Normal PM @SBS v.PM@Sherwood	5 OFF	6 Normal 7-9 am

Meet Schedule

Date	Sanction	Meet Name	Host	Location
December 23	AAU	ATAC Christmas Invitational	ATAC Sharks	Lonoke, AR
January 20-21	USA	Winter Sprint	AquaKids	Conway, AR
February 3	USA	Valentines Invite	Dolphins	UALR
February 10	AAU	--	Bass	Bryant, AR
February 16-18	USA	Battle for the Belt	Racers	Benton, AR
March 1-3	USA	Short Course State (14 & under)	Racers	Benton, AR
March 8-10	USA	Short Course State (15 & up)	--	Fayetteville, AR
*	*	*	*	*
July 18-21**	USA	Long Course State	--	--
July 25-28	AAU	Junior Olympic Nationals	--	Greensboro, NC

* Additional meets/dates will be added for AAU, Summer Marlins, and USA Long Course season.

** Dates tentative



ATHLETE SPOTLIGHT: Crimson DuVall

School: 7th grade at Founders Collegiate Academy Online

Started Swimming: 6 years old

Favorite Stroke/Distance: Butterfly... 100!

Favorite Subject: It's always changing, but right now, it is history or math.

Favorite Book: Lots!... including the last book in the *Summer I Turned Pretty* trilogy.

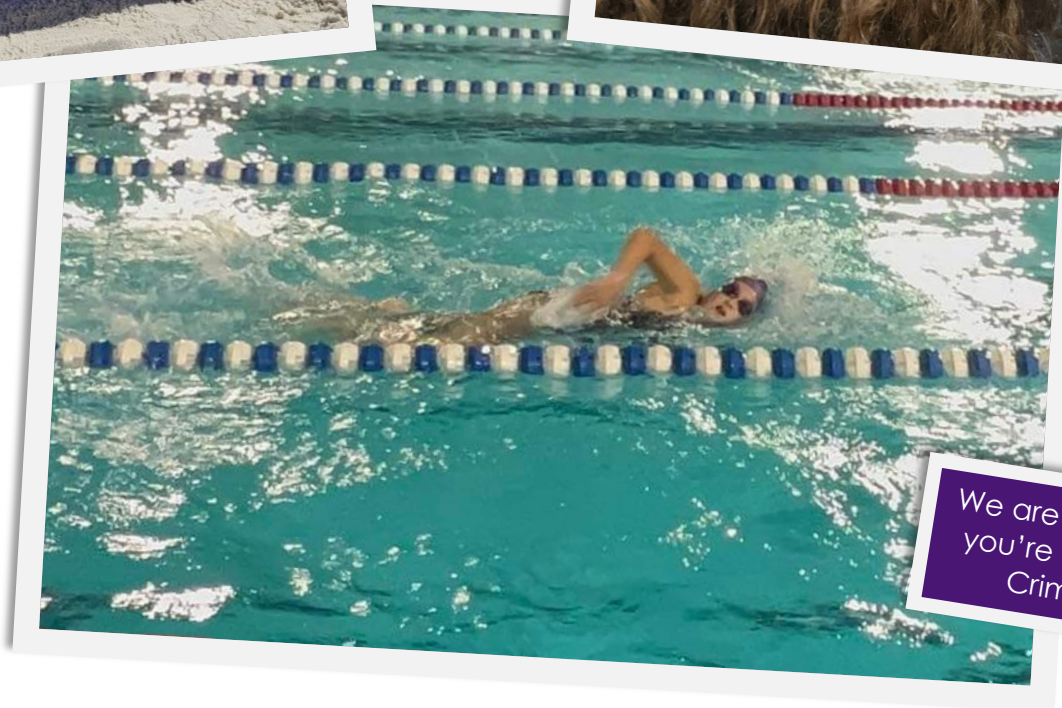
Favorite Movie: *Breakfast at Tiffany's* or *Dirty Dancing*

Favorite Ice Cream Sundae Topping: Either a cherry or caramel drizzle.

My Proudest Moment: When I was chosen to be on the State Relay team for AquaKids.



Crimson is currently our Arkansas Marlins all-time record-holder for girls age 11-12 in 100 Butterfly with a time of 1:24.93!



We are so happy you're a Marlin, Crimson!